

# Guidance for COVID-19 Self-Test Kit Results

(Adapted from Under Secretary of Defense, Consolidated Department of Defense Coronavirus Disease Force Health Protection Guidance, 04 April 2022)

## **Positive Home Test Result**

### Service members (SM)

1. (+) COVID-19 case: Isolation required.
2. Report positive result immediately to PCM and unit leadership.
3. Remain isolated for 5 days. (day 0 is the day symptoms started or date of specimen collection if asymptomatic)
4. SM may leave isolation after 5 days, if no symptoms or symptoms improving, or if he/she is afebrile without fever-reducing medication for more than 24 hours and any remaining symptoms have resolved (cough and congestion can linger, for several months). Mask wearing must continue for 5 days after leaving isolation when around others, even if mask wearing is not otherwise required by DoD.
5. If fever, shortness of breath, or severe fatigue start or persist, SM will stay isolated until symptoms resolve. SM should be seen/managed by PCM/medical personnel.
6. A negative test is not required to discontinue isolation due to difficulty interpreting persistent positive results. This is consistent with the CDC's recommendation to NOT test during the 90-day period following initial diagnosis. This applies to all viral testing methodologies.

### Beneficiaries

1. (+) COVID-19 case: Isolation required.
2. Report positive result immediately to PCM.
3. Remain isolated for 5 days. (day 0 is the day symptoms started or date of specimen collection if asymptomatic)
4. Beneficiaries may leave isolation after 5 days if no symptoms or symptoms improving, or if he/she is afebrile without fever-reducing medication for more than 24 hours and any remaining symptoms have resolved (cough and congestion can linger, for several months). Mask wearing must continue for 5 days after leaving isolation when around others even if mask wearing is not otherwise required
5. If fever, shortness of breath, or severe fatigue start or persist, stay isolated until these symptoms resolve. Beneficiary should be seen and managed by medical personnel.
6. A negative test is not required to discontinue isolation due to difficulty interpreting persistent positive results. This is consistent with the CDC's recommendation to NOT test during the 90-day period following initial diagnosis. This applies to all viral testing methodologies, including antigen testing

Pediatric and adolescent patients attending **public** schools K-12:

Please see the most up to date school guidance using the following link.

<https://health.hawaii.gov/coronavirusdisease2019/resources/school-guidance/>

1. Whether the child/adolescent is vaccinated or not and has (+) COVID-19 result, the child/adolescent will require to follow steps described above. No PCR testing is necessary.
2. Children in **public** childcare or pre-school services:

Please see the most updated guidance for these settings. No PCR testing is necessary.

<https://humanservices.hawaii.gov/child-care-resources/>

**Negative Home Test Result (SM, Beneficiaries, Children >5 years)**

1. If symptomatic, report results to PCM for further guidance.
2. If symptomatic and without clinical improvement, or worsening of symptoms, report status to PCM and consider re-testing (PCR or home test kit).
3. If asymptomatic or clinically improved, no restrictions are required.

**For children below 5 years:**

1. If symptomatic and known COVID-19 exposure, contact your PCM for possible PCR test to verify negative home test.
2. If symptomatic and no known COVID 19 exposure with clinical improvement of symptoms within 24 hours and no fever (without medication), no restrictions are required. If needed, contact your PCM to request a clearance note.
3. If symptomatic and no known COVID-19 exposure, contact your PCM for possible PCR test to verify negative home test.
4. If asymptomatic and known COVID 19 exposure, wait at least 72 hrs and contact your PCM for a PCR test IF REQUIRED by the educational organization.
5. If completing a 5 day isolation with known COVID 19 exposure and asymptomatic,-no school note or testing is required. If they are 2 years and above (and able to use a mask) may return to school and use the mask for additional 5 days.

**NOTE: Private educational organizations may have different guidance for positive and negative self-test kit results**